

Secret map on your cell that shows you everywhere you've been ... and how to disable it

Your iPhone has been keeping track of everywhere you've ever been, and you can view it in map form with a few clicks. If this is something you're not comfortable with, read on.

The tracking function is part of location services, and a more in-depth setting called **Significant Locations**. Want to know how to access it and, if you'd like, turn it off?

Here are the steps:

- Open your iPhone's settings.
- Tap **Privacy & Security**.
- Select **Location Services**.
- Scroll down and tap **System Services**.
- Scroll until you see **Significant Locations** and tap.

After entering your password or opening your phone with FaceID, you'll see a list of locations you've visited. Tap on a place and it will open a page with more specifics, including a map that shows where it thought you were. It would have you in the area even if it didn't peg you precisely right.

To eliminate your **Significant Locations** history:

- Go to **Settings > Privacy & Security > Location Services > System Services**, then tap **Significant Locations**.
- Tap **Clear History**. This action clears all your Significant Locations on any devices signed in with the same Apple ID.

If you don't want your iPhone to keep track of your whereabouts, you can disable **Significant Locations**. Here's how:

- Go to **Settings > Privacy & Security > Location Services > System Services**, then tap **Significant Locations**.
- Slide the toggle next to **Significant Locations** to the left to disable the setting.

Google Maps

If you've used Google Maps for years, there's probably a startling amount of info about everywhere you've travelled. Check it out:

- When signed in, click on your profile picture, then select **Manage your Google Account**.
- On the left, click on **Data & Privacy**.
- Under '**History Settings**,' click on **Location History**.
- At the bottom, click **Manage History**.

You'll see a map with details like your saved home, work locations, and trips. You can search by year or down to a specific day in the Timeline box in the top left corner. Pick a date from a couple of years ago just for fun. You'll see a blue bar if a trip was recorded. Click a day to see everywhere you went, down to the time and mileage.

To adjust your settings to stop Google from tracking all your trips.

- Go back to your **Google Account** page.
- On the left, click on **Data & privacy**.
- Under '**History Settings**,' choose **Location History**. Click **Turn Off**.